

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY BR2 - Bryant Ridge 2nd Floor Activity Room BR2 CKA - Bryant Ridge 2nd Floor Country Kitchen A BR2 DR - Bryant Ridge 2nd Floor Dining Room BR3 CKA - Bryant Ridge 3rd Floor Country Kitchen A	BR3 CKB - Bryant Ridge 3rd Floor Country Kitchen B BR3 DR - Bryant Ridge 3rd Floor Dining Room C - Community Room FLP - Front Lobby Parlor G - Garden Room	GG AR - Gorham Glen Activity Room GG DR - Gorham Glen Dining Room L - Library Q - Quiet Room S - Studio WR - Wellness Room	New Year's Day 9:00 CANCELLED Chair Exercises (WR) 9:30 (Canceled) Woodworking (S) 10:00 Guitar Concert (GG AR) 11:30 CANCELLED Fit Circuit - \$\$ (WR) 3:00 CANCELLED Balance Class- \$\$ (WR) 3:30 UNO (Q)	1 9:30 Open Studio (S) 10:00 New Years Goals (BR2) 11:00 Fun & Fit (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Beading (S) 2:00 Library Angel (L) 2:30 Resident Forum - Bryant Ridge (BR2 Activity Room) 3:30 Happy Hour - Bryant Ridge (BR3 DR)	2 9:00 Chair Exercises (WR) 10:00 Alaskan Tour (BR2) 11:00 Fun & Fit (BR2) 11:30 Fit Circuit - \$\$ (WR) 1:00 (Canceled) Art Social (S) 2:30 Birthday Party - Bryant Ridge (BR3 DR) 3:00 Balance Class- \$\$ (WR)	3 2:30 Paper Angels (S)
2:30 Winter Watercolor (S) 5	9:00 Chair Exercises (WR) 9:30 (Canceled) Open Studio (S) 9:45 Fun & Fit (BR2) 10:00 Coffee & Treats (G) 10:30 Continuing Education Speaker (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Knit and Stitch (S) 3:00 Balance Class- \$\$ (WR) 3:30 Wheel of Fortune (BR2)	6 9:30 Weaving (S) 10:00 Crossword (BR2) 10:30 Low Vision Reading Group (Q) 11:00 Fun & Fit (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Card Making (S) 2:30 Jazz of the 1930's (C)	7 9:00 Chair Exercises (WR) 9:00 Chess Group (Q) 9:30 Woodworking (S) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Painting (S) 1:30 Heartstrings Violins (GG DR) 3:00 Balance Class- \$\$ (WR) 3:30 Learn about the Stars (BR2)	8 9:30 Open Studio (S) 10:00 The Bowls of Football (BR2) 11:00 Fun & Fit (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Button Art (S) 2:00 Library Angel (L) 3:30 Happy Hour - Bryant Ridge (BR2 DR)	9 9:00 Chair Exercises (WR) 10:00 Advice Column (BR2) 10:00 Catholic Mass (C) 10:30 Tech at Home Drop-In \$\$ (L) 11:00 Fun & Fit (BR2) 11:30 Fit Circuit - \$\$ (WR) 1:00 Care-Partner Support Group (Q) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR) 3:30 Ten Strings (C)	10 3:30 Dogs and Pets Discussion, Reflection, Trivia and Much More (Q)
3:30 Hot Tea Tasting Social and Trivia (C) 12	13 9:00 Chair Exercises (WR) 9:30 Open Studio (S) 9:45 Fun & Fit (BR2) 10:00 Coffee & Treats (G) 10:30 Continuing Education Speaker (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Knit and Stitch (S) 3:00 Balance Class- \$\$ (WR) 3:30 Kings in the Corner (BR3 CKB)	14 9:30 Weaving (S) 10:00 Crossword (BR2) 10:30 Low Vision Reading Group (Q) 11:00 Fun & Fit (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Felt Trees (S) 3:00 Flower Arranging - Bryant Ridge 3rd (BR3 CKA)	15 9:00 Chair Exercises (WR) 9:30 Woodworking (S) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 2:00 Movie: Hello Dolly! (BR2) 3:00 Balance Class- \$\$ (WR)	16 9:30 Open Studio (S) 10:00 Fun & Fit (BR2) 10:45 From The Attic with Chaplain (BR2) 11:00 Second Chance Shop Drop Off (FLP) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Fused Glass (S) 2:00 Library Angel (L) 2:00 Master Site Presentation (C) 3:30 Happy Hour - Bryant Ridge (BR3 DR)	17 9:00 Chair Exercises (WR) 10:00 Wintertime Reminiscing (BR2) 10:30 Tech at Home Drop-In \$\$ (L) 11:00 Fun & Fit (BR2) 11:30 Fit Circuit - \$\$ (WR) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR) 3:30 Culture Connect: Tibetan Music (C)	18 3:30 Asian Beer Tasting (C)
3:30 Cookies Coffee and Conversation (Q) 19	20 Martin Luther King Jr. Day 9:00 Chair Exercises (WR) 9:30 Open Studio (S) 9:45 Fun & Fit (BR2) 10:00 Coffee & Treats (G) 10:30 Continuing Education Speaker (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Knit and Stitch (S) 3:00 Balance Class- \$\$ (WR) 3:30 MLK Jr: the man and the dream (BR2)	21 9:30 Weaving (S) 10:00 Crossword (BR2) 10:30 Low Vision Reading Group (Q) 11:00 Fun & Fit (BR2) 1:00 Chair Yoga-- \$\$ (WR) 3:00 Art Exhibit (C)	22 9:00 Chair Exercises (WR) 9:00 Chess Group (Q) 9:30 Woodworking (S) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Drawing (S) 2:30 Dessert Social (BR2 DR) 3:00 Balance Class- \$\$ (WR) 6:30 Studio Orchestra (C)	23 9:30 Open Studio (S) 10:00 Visiting Australia (BR2) 11:00 Fun & Fit (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Paper Poinsettias (S) 2:00 Library Angel (L) 3:30 Happy Hour - Bryant Ridge (BR2 DR)	24 9:00 Chair Exercises (WR) 10:00 Catholic Communion (C) 10:00 Name that Tune (BR2) 10:30 Tech at Home Drop-In \$\$ (L) 11:00 Fun & Fit (BR2) 11:30 Fit Circuit - \$\$ (WR) 1:00 Care-Partner Support Group (Q) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR) 3:30 Bingo (BR2)	25
26	27 9:00 Chair Exercises (WR) 9:30 Open Studio (S) 9:45 Fun & Fit (BR2) 10:00 Coffee & Treats (G) 10:30 Continuing Education Speaker (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Knit and Stitch (S) 3:00 Balance Class- \$\$ (WR) 3:30 Retro Swing Band (C)	28 9:30 Weaving (S) 10:00 Crossword (BR2) 10:30 Low Vision Reading Group (Q) 11:00 Fun & Fit (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Pet Snuffle Mats (S) 3:00 Harpsicord (C)	29 Chinese New Year 9:00 Chair Exercises (WR) 9:30 Woodworking (S) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Painting (S) 3:00 Balance Class- \$\$ (WR) 3:00 Flower Arranging-2nd floor (BR2 CKA)	30 9:30 Open Studio (S) 10:00 Holocaust Remembrance (BR2) 11:00 Fun & Fit (BR2) 1:00 Mindful Meditation (Q) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Studio Sale (S) 2:00 Library Angel (L) 3:30 Happy Hour - Bryant Ridge (BR3 DR)	31 9:00 Chair Exercises (WR) 10:00 Pictionary (BR2) 10:00 Tech at Home Drop-In \$\$ (L) 11:00 Bible Study (Q) 11:00 Fun & Fit (BR2) 11:30 Fit Circuit - \$\$ (WR) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR) 3:00 Baking Lesson (BR3 CKA)	

January 2025

Bryant Ridge