

SUN	MON	TUE	WED	THUR	FRI	SAT
3:30 Apples to Apples (Q) 1	9:00 Chair Exercises (WR) 9:30 Open Studio (S) 10:00 Coffee & Treats (G) 10:30 Continuing Education Speaker (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Knit and Stitch (S) 1:00 Mah Jongg (Q) 3:00 Balance Class- \$\$ (WR) 3:30 Holiday Bingo (BR2) 2	9:30 Weaving (S) 10:00 Crossword (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Holiday Cards (S) 2:00 Lets get physical with Cardio Drumming -- \$\$ (WR) 2:00 Walgreens/Grocery Outing (FL) 3:00 Parkinson's Wellness Program- \$\$ (WR) 3:30 Holiday Folklores (BR2) 3	9:00 Chair Exercises (WR) 9:30 Woodworking (S) 10:00 Women's Coffee (Cons) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Painting (S) 3:00 Balance Class- \$\$ (WR) 3:30 Cozy Ukulele Concert (BR2) 4	9:00 Men's Coffee (LOCATION CHANGE - Garden Room) 9:30 Open Studio (S) 10:00 Legend of St. Nicholas (BR2) 10:30 Sharing Books (C) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Beading (S) 2:00 Lets get physical with Cardio Drumming -- \$\$ (WR) 2:00 Greenfield Therapy Meeting (C) 2:00 Library Angel (L) 3:00 Parkinson's Wellness Program- \$\$ (WR) 4:00 Happy Hour - Segoe Heights and Prairie Point (C) 5	9:00 Chair Exercises (WR) 10:00 Documentary: Frank Lloyd Wright (BR2) 10:30 Tech at Home Education Session (C) 11:30 Fit Circuit - \$\$ (WR) 12:15 Friday Unitarian Musicales (Outing - First Unitarian Society) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR) 3:30 Monthly Birthday Party - Segoe Heights (C) 6	Pearl Harbor 3:30 Naughty Hot Chocolate Social (C) 7
3:30 Winter Holiday Sing-along (C) 8	9:00 Chair Exercises (WR) 9:30 Open Studio (S) 10:00 Coffee & Treats (G) 10:30 Angel Choir (C) 10:30 Holiday Sing-along (BR2) 11:30 Fit Circuit - \$\$ (WR) 1:00 Connection Through Aging and Vision Experiences (Q) 1:00 Knit and Stitch (S) 1:00 Mah Jongg (Cons) 3:00 Balance Class- \$\$ (WR) 3:30 Mad City Jug Band (C) 9	9:30 Weaving (S) 10:00 Crossword (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Sustainable Gift Wrap (S) 2:00 Lets get physical with Cardio Drumming -- \$\$ (WR) 2:00 Segoe Heights Resident Forum (C) 2:00 Walgreens/Grocery Outing (FL) 3:00 Parkinson's Wellness Program- \$\$ (WR) 10	9:00 Chair Exercises (WR) 9:00 Chess Group (Q) 9:30 Woodworking (S) 10:00 Women's Coffee (Cons) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Drawing (S) 3:00 Balance Class- \$\$ (WR) 3:00 Grief and Loss Group Conversation (Q) 3:30 Angel Class of 2023 Party (C) 6:30 Madison Church of Christ Choir (C) 11	9:00 Men's Coffee (LOCATION CHANGE - Garden Room) 9:30 Open Studio (S) 10:00 MHS Chamber Choir Caroling (C) 10:00 Holiday Game (BR2) 10:30 Holiday Remembrance Service: Continue to Tell the Story (C) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Paint Pour Ornaments (S) 1:30 Literary Group (Formerly Writer's Group) (Q) 2:00 Lets get physical with Cardio Drumming -- \$\$ (WR) 2:00 Library Angel (L) 3:00 Parkinson's Wellness Program- \$\$ (WR) 3:30 Continuing Education Celebration (C) 12	9:00 Chair Exercises (WR) 10:00 Catholic Mass (C) 10:00 Name that Holiday Tune (BR2) 10:00 Tech at Home Drop-In \$\$ (L) 11:30 Fit Circuit - \$\$ (WR) 1:00 Care-Partner Support Group (Q) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR) 3:30 What's Up Doc? (C) 13	3:30 Holiday Trivia (Q) 14
2:00 Piano Path Recital (C) 3:30 Yahtzee (Q) 15	9:00 Chair Exercises (WR) 9:30 Open Studio (S) 11:30 Fit Circuit - \$\$ (WR) 1:00 Knit and Stitch (S) 1:00 Mah Jongg (Q) 2:30 Movie: The Nutcracker (BR2) 3:00 Balance Class- \$\$ (WR) 16	9:30 Weaving (S) 10:00 Crossword (BR2) 10:30 Buddhist Traditions (C) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Cone Trees (S) 2:00 Lets get physical with Cardio Drumming -- \$\$ (WR) 2:00 Walgreens/Grocery Outing (FL) 3:00 Parkinson's Wellness Program- \$\$ (WR) 3:30 Jack Beyler (C) 17	9:00 Chair Exercises (WR) 9:30 Woodworking (S) 10:00 Women's Coffee (Cons) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:30 Conversation with Megan (Q) 2:00 Memorial Service (C) 2:30 White Christmas (BR2) 3:00 Balance Class- \$\$ (WR) 6:30 Waunakee Big Band (C) 18	9:00 Men's Coffee (G) 10:00 Holiday Pictionary (BR2) 10:30 Sharing Books (C) 11:00 Second Chance Shop Drop Off (FLP) 1:00 Chair Yoga-- \$\$ (WR) 2:00 Lets get physical with Cardio Drumming -- \$\$ (WR) 2:00 Library Angel (L) 3:00 Parkinson's Wellness Program- \$\$ (WR) 5:00 Holiday Dinner \$\$ (TR) 19	9:00 Chair Exercises (WR) 10:00 Christmas Trivia (BR2) 10:00 Tech at Home Drop-In \$\$ (L) 11:30 Fit Circuit - \$\$ (WR) 12:15 Friday Unitarian Musicales (Outing - First Unitarian Society) 2:30 Dessert Social (BR2 DR) 3:00 Balance Class- \$\$ (WR) 20	3:30 Christmas Guitar Concert (Q) 21
3:30 Wheel of Fortune (Q) 22	9:00 Chair Exercises (WR) 9:30 Open Studio (S) 10:30 Culture Connect - Russian Ethnomusicologist (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Knit and Stitch (S) 1:00 Mah Jongg (Q) 3:00 Balance Class- \$\$ (WR) 3:30 Holiday Ornaments (BR2 CKA) 23	Christmas Eve 9:30 Weaving (S) 10:00 Crossword (BR2) 1:00 CANCELLED Chair Yoga-- \$\$ (WR) 1:00 Movie: The Price of Everything (S) 2:00 CANCELLED Lets get physical with Cardio Drumming -- \$\$ (WR) 2:00 Movie: It's a Wonderful Life (BR2) 3:00 CANCELLED Parkinson's Wellness Program- \$\$ (WR) 24	Christmas Day 9:00 CANCELLED Chair Exercises (WR) 25 11:30 CANCELLED Fit Circuit - \$\$ (WR) 3:00 CANCELLED Balance Class- \$\$ (WR) 3:30 Christmas Music Trivia (Q)	9:00 Men's Coffee (G) 9:30 Open Studio (S) 10:00 Winter Animals (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Fused Glass (S) 1:30 AAP Book Club (Q) 2:00 Lets get physical with Cardio Drumming -- \$\$ (WR) 2:00 Library Angel (L) 3:00 Parkinson's Wellness Program- \$\$ (WR) 4:00 Happy Hour - Segoe Heights and Prairie Point (C) 26	9:00 Chair Exercises (WR) 10:00 Catholic Communion (C) 10:00 Hanukkah Celebration (BR2) 10:00 Tech at Home Drop-In \$\$ (L) 11:30 Fit Circuit - \$\$ (WR) 1:00 Care-Partner Support Group (Q) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR) 27	28
29	9:00 Chair Exercises (WR) 9:30 Open Studio (S) 10:30 Wheel of Fortune (BR2) 11:30 Fit Circuit - \$\$ (WR) 1:00 Knit and Stitch (S) 1:00 Mah Jongg (Q) 2:00 Walgreens/Grocery Outing (FL) 3:00 Balance Class- \$\$ (WR) 3:30 Bingo (BR2) 30	New Year's Eve 9:30 Weaving (S) 10:00 Crossword (BR2) 1:00 Chair Yoga-- \$\$ (WR) 1:00 Studio Sale (S) 2:00 Lets get physical with Cardio Drumming -- \$\$ (WR) 3:00 Parkinson's Wellness Program- \$\$ (WR) 3:30 Table Bowling (BR2) 31	LOCATION KEY BR2 - Bryant Ridge 2nd Floor Activity Room BR2 CKA - Bryant Ridge 2nd Floor	Country Kitchen A BR2 DR - Bryant Ridge 2nd Floor Dining Room C - Community Room Cons - Conservatory FL - Front Lobby	FLP - Front Lobby Parlor G - Garden Room L - Library Q - Quiet Room S - Studio	TR - Terrace Restaurant WR - Wellness Room

December 2024

Segoe Heights