


March 2024 Prairie Point Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>+ indicates registration and/or payment are required at the front desk</p> <p>* indicates NO staff or angel volunteer present at the event.</p>	<p>C = community room</p> <p>CH = conservatory</p> <p>D = dining room</p> <p>FL = front lobby</p> <p>G = garden room</p>	<p>GS= Gorham Segoe Room</p> <p>Q = quiet room</p> <p>S = studio</p> <p>SD = small dining room</p> <p>W = wellness room</p> <p>M= Model Home</p> <p>P= private dining room</p>		<p>9:00 Chair Exercises <b>W</b> 1</p> <p>10:30 IT Education Session– Artificial Intelligence <b>C</b></p> <p>11:30 Unitarian Musicales <b>+FL*</b></p> <p>11:30 Fit Circuit <b>+W</b></p>	<p>2</p>
3	<p>9:00 Chair Exercises <b>W</b> 4</p> <p>11:30 Fit Circuit <b>+W</b></p> <p>1:00 Mah Jongg <b>SD</b></p> <p>3:00 Balance Class <b>+W</b></p>	<p>10:30 Tai Chi * <b>W</b> 5</p> <p>1:00 Chair Yoga <b>+W</b></p> <p>2:00 Bar and Chair Exercises <b>+W</b></p> <p>2:00 Walgreens/ Pick N Save <b>FL</b></p>	<p>9:00 Chair Exercises <b>W</b> 6</p> <p>9:00 Chess Group <b>Q</b></p> <p>10:00 Women’s Coffee <b>CH</b></p> <p>11:30 Fit Circuit <b>+W</b></p> <p>3:00 Balance Class <b>+W</b></p> <p>3:30 Four Seasons Theatre <b>C</b></p>	<p>9:00 Men’s Coffee <b>Q</b> 7</p> <p>10:30 Tai Chi * <b>W</b></p> <p>1:00 Chair Yoga <b>+W</b></p> <p>2:00 Bar and Chair Exercises <b>+W</b></p> <p>4:30 Happy Hour <b>C</b></p>	<p>9:00 Chair Exercises <b>W</b> 8</p> <p>10-12 IT Hours <b>P</b></p> <p>11:30 Unitarian Musicales <b>+FL*</b></p> <p>11:30 Fit Circuit <b>+W</b></p> <p>3:00 Balance Class <b>+W</b></p>	9
10	<p>9:00 Chair Exercises <b>W</b> 11</p> <p>9:00 Jam with Janelle <b>M</b></p> <p>11:30 Fit Circuit <b>+W</b></p> <p>1:00 Mah Jongg <b>SD</b></p> <p>3:00 Balance Class <b>+W</b></p>	<p>10:30 Tai Chi * <b>W</b> 12</p> <p>10:30 Joe Fahey: Life Along the Nile <b>C</b></p> <p>1:00 Chair Yoga <b>+W</b></p> <p>1:30 Writers Group <b>Q</b></p> <p>2:00 Bar and Chair Exercises <b>+W</b></p> <p>2:00 Walgreens/ Pick N Save <b>FL</b></p>	<p>9:00 Chair Exercises <b>W</b> 13</p> <p>10:00 Women’s Coffee <b>CH</b></p> <p>11:30 Fit Circuit <b>+W</b></p> <p>3:00 Balance Class <b>+W</b></p> <p>3:00 Conversation Around the Table <b>Q</b></p>	<p>9:00 Men’s Coffee <b>Q</b> 14</p> <p>10:30 Tai Chi * <b>W</b></p> <p>1:00 Chair Yoga <b>+W</b></p> <p>2:00 Bar and Chair Exercises <b>+W</b></p> <p>4:30 Happy Hour <b>C</b></p>	<p>9:00 Chair Exercises <b>W</b> 15</p> <p>10-12 IT Hours <b>P</b></p> <p>11:30 Unitarian Musicales <b>+FL*</b></p> <p>11:30 Fit Circuit <b>+W</b></p> <p>3:00 Balance Class <b>+W</b></p> <p>3:30 O’Darby Irish Band <b>C</b></p>	16
17	<p>9:00 Chair Exercises <b>W</b> 18</p> <p>11:30 Fit Circuit <b>+W</b></p> <p>1:00 Mah Jongg <b>SD</b></p> <p>3:00 Balance Class <b>+W</b></p> <p>3:00 Monday Movie <b>Q</b></p>	<p>10:30 Tai Chi * <b>W</b> 19</p> <p>1:00 Chair Yoga <b>+W</b></p> <p>2:00 Bar and Chair Exercises <b>+W</b></p> <p>2:00 Walgreens/ Pick N Save <b>FL</b></p>	<p>9:00 Chair Exercises <b>W</b> 20</p> <p>9:00 Chess Group <b>Q</b></p> <p>10:00 Women’s Coffee <b>CH</b></p> <p>11:30 Fit Circuit <b>+W</b></p> <p>1:30 Conversation and Chocolate with Megan <b>Q</b></p> <p>3:00 Balance Class <b>+W</b></p>	<p>9:00 Men’s Coffee <b>Q</b> 21</p> <p>10:30 Tai Chi * <b>W</b></p> <p>1:00 Chair Yoga <b>+W</b></p> <p>2:00 Bar and Chair Exercises <b>+W</b></p> <p>4:30 Happy Hour <b>C</b></p>	<p>9:00 Chair Exercises <b>W</b> 22</p> <p>10-12 IT Hours <b>P</b></p> <p>11:30 Unitarian Musicales <b>+FL*</b></p> <p>11:30 Fit Circuit <b>+W</b></p> <p>3:00 Balance Class <b>+W</b></p>	23

24	9:00 Chair Exercises <b>W</b> 11:30 Fit Circuit <b>+W</b> 1-3 Touchtown Training Open House <b>C</b> 1:00 Mah Jongg <b>SD</b> 3:00 Balance Class <b>+W</b>	25	10:30 Tai Chi * <b>W</b> 1:00 Chair Yoga <b>+W</b> 1:30 Writers Group <b>Q</b> 2:00 Bar and Chair Exercises <b>+W</b> 2:00 Walgreens/ Pick N Save <b>FL</b> 3-5 Touchtown Training Open House <b>C</b>	26	9:00 Chair Exercises <b>W</b> 10:00 Women's Coffee <b>CH</b> 11:30 Fit Circuit <b>+W</b> 3:00 Balance Class <b>+W</b>	27	9:00 Men's Coffee <b>Q</b> 10:30 Tai Chi * <b>W</b> 1:00 Chair Yoga <b>+W</b> 2:00 Bar and Chair Exercises <b>+W</b> 4:30 Happy Hour <b>C</b>	28	9:00 Chair Exercises <b>W</b> 10-12 Touchtown Training Open House <b>C</b> 10-12 IT Hours <b>P</b> 11:30 Unitarian Musicales <b>+FL*</b> 11:30 Fit Circuit <b>+W</b> 3:00 Balance Class <b>+W</b>	29	30
31											

Calendar is subject to change, please check monitors and emails for updates.

**\*\* Reference Community Calendar for Additional Activities Offered to All \*\***