

A Fresh Start

by Sheila Schultz, Development Officer

With 130 years of history behind us, as we enter a new decade, it is a new fresh start. For me, the next decade starts in my new role, with big shoes to fill, and hundreds of new people to meet. I know Attic Angel is as dear to my heart as it is to yours. I am excited to get started!

Each of us has our reasons to donate, whether we give time or money. Donations are often as unique and personal as the donors themselves. A quote from Aesop hangs in my office: “No act of kindness, no matter how big or how small, is ever wasted.” I am incredibly appreciative of all acts of kindness; there can never be enough of them in the world. Thank you for your part in recognizing the needs of others.

A past Attic Angel resident who was also a Legacy Member was featured in a video for Membership Committee a while back. He explained how he and his wife chose Attic Angel. He so profoundly said, “At the end of each day, month, and year and yes at the very end of our lives, we want to be able to tell ourselves that what we did with our lives has made some difference in a life or the lives of other people.” He also expressed a quote he favored from Maya Angelou that reads, “I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

On another note, I love to bake! What better way to start this next decade than by hosting an informal focus group with homemade treats. I can’t think of a better way to get started in my new role than to visit with our current donors, listen to your perspectives, and gather your feedback. With your help, we can lay the plans in this next year to build contributions, education, and communication plans to sustain us through the next decade regarding the fundraising arm that supports the Attic Angel mission. Look for information on the first focus group date in the February newsletter.

To share your comments or to learn more about ways you can be part of our history of giving, please contact Sheila Schultz, Development Officer, at 662-8901, e-mail: Sheila.Schultz@atticangel.org.

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~ Maya Angelou

Prairie Point News

By Derek Buckley, Chief Operations Officer

Winter Recommendations

Please take winter weather advisories seriously. Winter can be a dangerous time of year. During or after a snow event, your drive may be clear, but you may get stuck in the street if you try to drive before the roads have been plowed. Remove any loose items on your front porches and patios such as mats, grills and any other decorations that may interfere with snow removal or cause damage to snow removal equipment. It is important to keep these areas clear to maximize the snow removal process. Also please contact your newspaper carrier to ask them to begin inserting newspapers into the newspaper tubes under each mailbox if they don't already. Newspapers that have been left in drives, on sidewalks and on porches can be caught up in the equipment resulting in unnecessary damage to equipment, repairs, downtime and overtime costs. As in the past, AAPP will provide snow removal on city owned sidewalks, private front sidewalks to your home and other entrances directly into your home that has a concrete sidewalk attached to the drive that is a main entrance. This does not include the service entry door to garages. AAPP will also provide the clearing of snow for fire hydrant accessibility.

Please do not remove or relocate any snow poles. Each pole has significance to staff. There is a Prairie Point Maintenance technician on call 24 hours a day, 7 days a week to respond to snow removal needs as well as any other emergencies. (Remember that an emergency is something that cannot wait until the next business day.) The emergency response service is offered in all seasons. If you request a service call and are feeling ill, or know you have an illness that can be communicated to others, please let the maintenance staff know before their arrival so that proper precautions can be made.

AAPP Resident Binders

Just a reminder that a copy of the AAPP Resident Binder may be downloaded in electronic format (.pdf)

from the Prairie Point Portal. You may access the portal at <http://portal.atticangel.org>. If you have any questions, please call Derek Buckley at 662-8822.

AAPP Landscaping Schedule -2019/2020

- Dormant pruning - December through March

Happy Hour

Don't forget that every Thursday from 4:30 pm to 6:00 pm is Happy Hour at AAP. Come join your neighbors and friends in the relaxing Community Room for lively conversation and fun. A soup and salad bar is available for the low price of \$5; you can even take it with you in the Styrofoam containers provided. Because events may be canceled due to inclement weather, please make sure to check the daily calendar or call AAP for any changes in programming.

January Aegis Talk

By Stacey Roberts, Director of Rehabilitation

As you know, holidays can be a joyous time of year and a difficult one for some. My hope is that you were surrounded by those you love and have a fresh outlook for the new year.

Thank you to those who were able to attend Kyle Kreul's presentation on addressing back pain. Remember, if you are able, to add some of the exercises that Kyle reviewed to help you in the coming months.

We will be starting off 2020 with a topic I haven't presented to you yet. On Monday, January 13, 2020 I will be discussing, "How to Decrease Pain Associated With Osteoporosis to Move Better For Longer". We will talk about the origins of osteoporosis and what research reveals about new treatment options. And for those of you who have osteopenia or no osteoporosis at all, we will be discussing how to prevent it from occurring, if possible.

Continued on next page

I look forward to kicking off our talks for 2020 with you on Monday January 13 in the Community Room at 3:30PM. Thank you so much for all your support. I look forward to seeing you soon.

Employee Appreciation Fund

By Derek Buckley, Chief Operations Officer

We received many gifts to the Employee Appreciation Fund this year! These gifts honor Attic Angel employees and their compassionate care of our residents. Although we never publish the names of those who have donated, 202 donors chose to acknowledge the exceptional efforts of staff and the Attic Angel Touch.

Individual gifts ranged from \$10 to \$2,000

2019 Number of Donors = 202

2019 Total Gifts = \$52,100.67

For comparison:

2018 Number of Donors = 208

2018 Total Gifts = \$52,406.00

2017 Number of Donors = 128

2017 Total Gifts = \$35,685.95

We are delighted that the giving in 2019 was right on pace with last year's gifts. Employees received the gifts in their paychecks on December 13. Effective December 1, 2019, future gifts to the Employee Appreciation Fund are held for distribution in December 2020.

One last thing....a quote from one of the donors that captures what so many have expressed:

"To Attic Angel Staff: Thank you for all you do to make living here so special!"

Two Who are "Lighting the Way"

By Mary Ann Drescher, President

RENEW Wisconsin recently announced Prairie Point residents Jon McCarthy and Bjorn "Red" Thompson as winners of the Renewable Energy Catalyst of the Year award, which is bestowed on individuals whose actions and advocacy on behalf of clean energy have really made a difference here in Wisconsin. A total of three of these awards will be presented at the Renewable Energy Summit on January 16.

Jon and Red were selected for the leadership and vision they provided to Attic Angel management and residents, which led to the installation of more than 360 kW in the greater Attic Angel Community. A particularly noteworthy component to the overall deployment was the 40 rooftop solar systems serving Attic Angel Community members residing in the Prairie Point community, totaling 133 kW. Achieving this commitment from other community members involved extensive planning, coordination, and negotiations with facility managers, our contractor (SunVest Solar), and the utility serving Attic Angel (Alliant Energy). Most importantly, it required persuasion to more than three dozen households to invest personally in solar power. The impressive results from their targeted campaign complement what other Wisconsin solar group purchase initiatives were able to achieve in 2019, including RENEW's own MadiSUN program. The 364 kW of generating capacity on Attic Angel's many roofs represents the largest solar investment serving a senior community in Wisconsin.

We agree with RENEW Policy Director Michael Vickerman when he said, "To us, these difference makers deserve special recognition, for without them, the journey undertaken might not have reached the desired destination." Thank you Jon and Red for your inspiring work and your commitment to being a good steward of our planet.

Resident Christmas Party

By Cathy Andrews, Angel

Strolling into the Community Room in their Dickensian costumes, The Wisconsin Dickens Carolers quickly created "Comfort and Joy," this year's theme for residents in the Health Center and Households' Annual Christmas Party. On December 10, amidst tables decorated with country inspired festive birch logs and twinkling snow encased mason jars, approximately 40 residents, along with 15 Interns from the Class of 2019, staff and several Attic Angel Board Members chanted with merriment to familiar melodies such as Jingle Bells and Rudolph the Red Nosed Reindeer. Singing traditional carols such as Angels we have Heard on High and Oh Little Town of Bethlehem followed, enhancing the spirit of the season, while warming hearts and calling forth memories for everyone. Each resident received a handmade warm, soft, colorful fleece scarf - this year's gift that the Interns hope will capture and keep the theme alive this winter and for years to come.



Ice Cream Winners

By Kelly Cheramy, Outreach Coordinator

Life is a playground and it's full of ice cream for two lucky donors to Attic Angel's 130th birthday fundraiser to benefit The Playing Field! Madison-area resident Anitra Hovelson and Attic Angel resident Carol Johnson each won 52 coupons for free ice cream during each week of the year, thanks to Chocolate Shoppe Ice Cream. They automatically qualified through gifts to support a special playground that will benefit children who have experienced trauma or other challenges.

Attic Angel Association's birthday fundraiser echoes a previous feat 121 years ago, when the Angels hosted a charity ball to raise money to build Madison's first hospital. Interestingly, one of our winners, Anitra, works for that hospital, now known as UnityPoint Health - Meriter. It's a poetic illustration of the adage "What goes around comes around."

Community Grants

2019/20

By Lorraine Snyder, Community Grants Chair

The Community Grants Committee met on November 21 to review grant requests. Committee members reported on their visits to agencies applying for funds. Funds will be designated from our Signature Events and investment earnings as well as those received through the Chair's Holiday Appeal.

The Board approved funds to be distributed according to the Committee's ranking in mid-December. Any additional funds from the Sales or investments will be distributed before the end of the fiscal year.

The Committee reviewed 23 agencies and deliberated in earnest from 9 am until 2 pm. Our focus this year brought in many varied and interesting funding requests in excess of \$500,000.

Stay tuned: The next newsletter will report the agencies approved for grants.

I appreciate and thank our Committee members for their efforts and enduring dedication to community needs.

Massage Message

By Rolfe Lehman, Attic Angel Massage Therapist

Start the New Year with a healthy resolution: Give massage a try. Reduce stress, relieve muscle tension, stiffness and pain, maintain flexibility, or just unwind and get in touch with your body.

Massage is available at Attic Angel in the Wellness Center office, or I can visit your apartment while you relax in a chair, recliner, or wheelchair.

Questions or make an appointment: (608) 692-3843
lehmanwilder@yahoo.com

Contributions ~ November

Legacy - Association

Bev Kneebone

130th Anniversary Playground

Fundraiser

Anonymous
Karen Hoel
John & Barbara Olsen

In honor of Peggy '01 and Bill Jones

Edwin Sterner

Association

Graciela & Bob Aubey
Linda Harvey
Ginner Jeffers
Joan Kreul
Pat McClure
Rosanne Raemisch
Jean Rennebohm
Harriet Stoll
Jerry & Enid Weygandt

In honor of the Association Board

Lottie Frank

In honor of Pat Bernhardt '82

Lois Downing
Jonelle Secard

In honor of Norm & Barbara '10 Berven

Jonelle Secard

In honor of Judy Brannstrom, for her faithful service to Attic Angel

Lois Buelow

In honor of Judy Brannstrom, Development Officer

Mary Jo Tierney

In honor of Claudia Brown '10

Jonelle Secard

In honor of Meredith Degen '12

Mary Frey

In honor of Nancy Doll '04

Jonelle Secard

In honor of Connie Grogan '02

Jonelle Secard

In honor of Joanne Salzmann '06

Jonelle Secard

In memory of Tom Brunner, son of Betty Brunner '03

Sue Bush
Jonelle Secard

In memory of Robert Bush, father-in-law of Sue Bush '09

Pat McClimon
Mary Jo Tierney

In memory of Donna Chandler '04

Ann Huggett
Pat McClimon
Mary Jo Tierney

In memory of Louise Cunningham '78

Jonelle Secard

Association (cont.)

In memory of Mary Frey, AAP

Marion Applegate
Ellie Hall

In memory of Mary Ellen Gerloff '86

Jonelle Secard

In memory of Marilyn Johnson '73, AAP

Sandra Harvey
Shirley Johnson
Lois Kammer
JoAnn Six
Julie Winding

In memory of our longtime friend, Marilyn Johnson '73

Bob & Lu Westervelt

In memory of Tim Kay, son of Inger Kay '77

Jonelle Secard

In memory of Phyllis Koch '94

Brian & Cheryl Awe
Janice Buffo
Tom & Barbara Hoffner
Phyllis Lorenz
Art & Pat McClure
Charles Miller
Sally Patti

Jean Roberts & John Voegeli
Ann Shea

Mary Jo Tierney
Paul Voegeli

Joseph Zwettler

In memory of Phyllis McLaughlin, mother of Pat McClimon '11.

Mary Jo Tierney

Giving Tree cash for purchasing gifts

Econoprint employees

Community Grants

In memory of Marilyn Johnson '73, AAP

Marion Tomlinson

In memory of his wife, Marilyn McCubbin, AAPP

Hamilton McCubbin

Legacy - Resident Aid

Erik & Amy Johnson

In memory of her husband, Gordon "Scott" Davenport, AAP

Marge Davenport

Resident Aid

Clyde Bryant

Memee Chun

Joan Kuypers

Mary McCoy

Nancy Moore

Lorain Olsen

David & Debbie Ristau

In honor of the Angel Class of '90

Lottie Frank

Resident Aid (cont.)

In honor of the Angel Class of '12

Lottie Frank

In honor of Ken & Audrey Hindman, AAP

Ronald & Lorraine Bornstein

In memory of Robert "Bob" Bush

Pat Bernhardt
Sarah Rose

In memory of Donna Chandler '04

Carol Johnson

In memory of Donna Chandler '04 who was instrumental in encouraging me to become an Angel

Hope Soroo

In memory of Louise Cunningham '78

Pat Bernhardt

In memory of her husband, Truman Graf, AAPP/AAP

Sylvia Graf

In memory of Marilyn Johnson '73, AAP

Pat Bernhardt
Jean Rennebohm

In memory of her special friend, Marilyn Johnson '73, AAP

Marion Applegate

In memory of Phyllis Koch '94

Pat Bernhardt

In memory of her mother, Mildred Schwab, AAP, & her aunt, Louise Schwab, AAP

Rosemary Gall

Year-End Giving Summaries

Gifts to Attic Angel are acknowledged and receipted as they are received throughout the year. Although we do not automatically send out year-end giving summaries, we are happy to provide a summary statement if you request one.

To receive a summary statement of your 2019 gifts to Attic Angel, please contact Sheila Schultz in the Development Office at 608-662-8901

Birthdays

Health Center

Nancy Johnson 1/16

Households

Hugh Moss 1/07

Jerry Richter 1/14

Ruth Seger 1/14

Gloria Darragh 1/26

Apartments

Ruth Ann Skoronski 1/11

Sandy Spengler 1/21

Dora Brand 1/23

Ruth Darula 1/25

Don Smith 1/26

Prairie Point

Jay Paisley 1/07

Mary Webster 1/09

Richard McGary 1/10

Faye Kiefer 1/11

Patricia Larson 1/11

Ruth Duxbury 1/14

Jim Kennedy 1/16

Larry Lantis 1/16

Leo Walsh 1/16

Carol Ruhly 1/17

Carole Zimmerman 1/20

Gordon Putney 1/22

Angela Bartell 1/25

Joan McCarthy 1/27

Jeffery Bartell 1/29

Virginia DeBlaey 1/29

Stephen Kapitan 1/29

Marsha Rather 1/30

Susan Dahlk 1/31



Moves and Transfers

Health Center

Marjory Hanson HC155

Charlie Hill HC146

Karen Jones HC169

Bucky Pike HC165

Households

George Gundersen HH354

Apartments

Arline Paunack APT012

Jeanne Rayne APT118

Bill Rayne APT118

Don Smith APT201

Janet Smith APT201



Staff Anniversaries

Dawa Lendey 1 year

MJ Kunz 1 year

Sherrie Freeman 1 year

Courtney Deters 1 year

Nick Zahn 2 years

Nicole Stropich 2 years

Laurel Ostermeier 3 years

Matthew Klutzke 3 years

Melissa Phillips 3 years

Ashley Lancaster 4 years

Haddy Sillah 4 years

Georgie Ballweg 4 years

Jessica Christianson 4 years

Sid Ncube 4 years

Moussa Dissa 5 years

Jessica McIlhenny 5 years

Brooke Kane 6 years

Naza Kharazi 6 years

Kelly Schuette 7 years

Theresa Kalupa 8 years

Sheryl Rygh 10 years

Judy Brannstrom 10 years

Kelly DuBois 10 years

Continuing Education Programs

Monday, January 6

“Shelter from the Storm Ministry for Women and Children”

Tami Fleming, Executive Director

Monday, January 13

“Madison’s Plan for Carbon Sustainability”

Stacie Reece, Sustainability Coordinator in Madison

Monday, January 20

“State Journal Political Cartoons”

Phil Hands, Letters Editor and Political Cartoonist

Monday, January 27

“Community Policing and Engagement Outreach”

Jared Prado, Sergeant and Attorney

Community Outreach & Resource Education (CORE), Madison Police Department

Meg Hamilton, Sergeant, Madison Police Department