

SUN	MON	TUE	WED	THUR	FRI	SAT
	9:00 AM Chair Exercises (WR) 1 9:30 AM Open Studio (S) 9:45 AM Fun & Fit (BR2) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Knit and Stitch (S) 2:30 PM Movie: Singin' in the Rain (BR2) 3:00 PM Balance Class- \$\$ (WR)	9:30 AM Weaving (S) 2 10:00 AM Crossword (BR2) 10:30 AM CANCELLED Low Vision Reading Group (Q) 11:00 AM Fun and Fit (BR2) 1:00 PM Card Making (S) 1:00 PM Chair Yoga- \$\$ (WR) 2:00 PM Bar and Chair Exercises - \$\$ (WR) 3:00 PM Parkinson's Wellness Program (WR) 3:30 PM Kings in the Corner Card Game (BR3 CKB)	9:00 AM Chair Exercises (WR) 3 9:30 AM Woodworking (S) 10:30 AM Wednesday Worship (C) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Drawing (S) 2:30 PM Ice Cream Social (BR2 DR) 3:00 PM Balance Class- \$\$ (WR) 7:00 PM Studio Orchestra (C)	8:30 AM Open Studio (S) 4 10:00 AM Name That Tune (BR2) 11:00 AM Fun and Fit (BR2) 11:00 AM Mindful Meditation (Q) 1:00 PM Beading (S) 1:00 PM Chair Yoga- \$\$ (WR) 2:00 PM Bar and Chair Exercises - \$\$ (WR) 2:00 PM Library Angel (L) 2:30 PM Resident Forum - Bryant Ridge (BR2 Activity Room) 3:00 PM Parkinson's Wellness Program (WR) 3:30 PM Happy Hour - Bryant Ridge (BR2 DR)	9:00 AM Chair Exercises (WR) 5 10:00 AM Words in Words Mind Game (BR2) 11:00 AM Fun and Fit (BR2) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Art Social (S) 1:00 PM Resident Forum (C) 2:30 PM Birthday Party - Bryant Ridge (BR3 DR) 3:00 PM Balance Class- \$\$ (WR)	
7	9:00 AM Chair Exercises (WR) 8 9:30 AM Open Studio (S) 9:45 AM Fun & Fit (BR2) 10:00 AM Coffee & Treats (G) 10:30 AM Continuing Education Speaker (C) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Knit and Stitch (S) 3:00 PM Balance Class- \$\$ (WR) 3:30 PM Music of Jim Croce and Cat Stevens (BR2)	9:30 AM Weaving (S) 9 10:00 AM Crossword (BR2) 10:30 AM CANCELLED Low Vision Reading Group (Q) 11:00 AM Fun and Fit (BR2) 1:00 PM Chair Yoga- \$\$ (WR) 1:00 PM Painted Clay Flower Dishes (S) 2:00 PM Bar and Chair Exercises - \$\$ (WR) 3:00 PM Parkinson's Wellness Program (WR) 3:30 PM Euchre (Bryant Ridge 3rd Floor Country Kitchen A)	9:00 AM Chair Exercises (WR) 10 9:30 AM Woodworking (S) 10:30 AM Stoughton High School Norwegian Dancers (C) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Painting (S) 1:30 PM Heartstrings (GG DR) 3:00 PM Balance Class- \$\$ (WR) 3:30 PM Spring Sing Along and Ukulele Concert (BR2)	8:30 AM Open Studio (S) 11 8:30 AM Pump it for Parkinson's (C) 11:00 AM Fun and Fit (BR2) 1:00 PM Chair Yoga- \$\$ (WR) 2:00 PM Bar and Chair Exercises - \$\$ (WR) 2:00 PM Library Angel (L) 3:30 PM Happy Hour - Bryant Ridge (BR3 DR)	9:00 AM Chair Exercises (WR) 12 10:00 AM Catholic Mass (C) 10:00 AM Painting Flower Pots (BR2) 10:00 AM Tech at Home Drop In \$\$ (PD) 11:00 AM Fun and Fit (BR2) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Art Social (S) 3:00 PM Balance Class- \$\$ (WR) 3:00 PM Flower Arranging - Bryant Ridge 3rd (BR3 CKA)	13
14	9:00 AM Chair Exercises (WR) 15 9:30 AM Open Studio (S) 9:45 AM Fun & Fit (BR2) 10:00 AM Coffee & Treats (G) 10:30 AM Continuing Education Speaker (C) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Knit and Stitch (S) 3:00 PM Balance Class- \$\$ (WR) 3:30 PM Retro Swing Band (C)	9:30 AM Weaving (S) 16 10:00 AM Crossword (BR2) 10:30 AM CANCELLED Low Vision Reading Group (Q) 10:30 AM Chocolate Seder (C) 11:00 AM Fun and Fit (BR2) 1:00 PM Beading (S) 1:00 PM Chair Yoga- \$\$ (WR) 2:00 PM Bar and Chair Exercises - \$\$ (WR) 3:00 PM Parkinson's Wellness Program (WR) 3:30 PM Gemini Entertainment (C)	7:30 AM Johnny Omelet Bryant Ridge (BR2 DR) 17 9:00 AM Chair Exercises (WR) 9:30 AM Woodworking (S) 10:30 AM Wednesday Worship (C) 11:30 AM Fit Circuit - \$\$ (WR) 2:30 PM Pie Social (BR2 DR) 3:00 PM Balance Class- \$\$ (WR)	7:30 AM Johnny Omelet Bryant Ridge (BR3 DR) 18 8:30 AM Open Studio (S) 10:00 AM Sightseeing (BR2) 11:00 AM Fun and Fit (BR2) 11:00 AM Mindful Meditation (Q) 1:00 PM Chair Yoga- \$\$ (WR) 1:00 PM Fused Glass (S) 1:00 PM Second Chance Shop Drop Off (FLP) 2:00 PM Bar and Chair Exercises - \$\$ (WR) 2:00 PM Library Angel (L) 3:30 PM Happy Hour - Bryant Ridge (BR2 DR)	9:00 AM Chair Exercises (WR) 19 10:00 AM Tech at Home Drop In \$\$ (PD) 10:00 AM Volunteer Project (BR2) 11:00 AM Fun and Fit (BR2) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Art Social (S) 3:00 PM Balance Class- \$\$ (WR) 3:30 PM Monona Senior Chorus (C)	20
21	9:00 AM Chair Exercises (WR) 22 9:30 AM Open Studio (S) 9:45 AM Fun & Fit (BR2) 10:00 AM Coffee & Treats (G) 10:30 AM Continuing Education Speaker (C) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Knit and Stitch (S) 3:00 PM Balance Class- \$\$ (WR) 3:30 PM Bingo (BR2 CKA)	9:30 AM Weaving (S) 23 10:00 AM Crossword (BR2) 10:30 AM CANCELLED Low Vision Reading Group (Q) 11:00 AM Fun and Fit (BR2) 1:00 PM Chair Yoga- \$\$ (WR) 1:00 PM Fairy Gardens (S) 2:00 PM Bar and Chair Exercises - \$\$ (WR) 3:00 PM Parkinson's Wellness Program (WR) 3:30 PM Jack Beyler Guitar (C)	9:00 AM Chair Exercises (WR) 24 9:30 AM Woodworking (S) 10:30 AM Wednesday Worship (C) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Soul Collage Workshop (S) 3:00 PM Balance Class- \$\$ (WR) 3:30 PM Classical Trumpet & Piano (C)	8:30 AM Open Studio (S) 25 10:00 AM Jazz Music Fun (BR2) 11:00 AM Fun and Fit (BR2) 11:00 AM Mindful Meditation (Q) 1:00 PM Chair Yoga- \$\$ (WR) 1:00 PM Mosaic Pots (S) 2:00 PM Bar and Chair Exercises - \$\$ (WR) 2:00 PM Library Angel (L) 2:00 PM Med Drop Collection (FLP) 3:30 PM Happy Hour - Bryant Ridge (BR3 DR)	9:00 AM Chair Exercises (WR) 26 10:00 AM Catholic Communion (C) 10:00 AM Flower Arranging - Bryant Ridge 2nd (BR2 CKA) 10:00 AM Tech at Home Drop In \$\$ (PD) 11:00 AM Fun and Fit (BR2) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Art Social (S) 3:00 PM Balance Class- \$\$ (WR) 3:30 PM Spring Guitar Concert (BR2)	27
28	9:00 AM Chair Exercises (WR) 29 9:30 AM Open Studio (S) 9:45 AM Fun & Fit (BR2) 10:00 AM Coffee & Treats (G) 10:30 AM Continuing Education Speaker (C) 11:30 AM Fit Circuit - \$\$ (WR) 1:00 PM Knit and Stitch (S) 3:00 PM Balance Class- \$\$ (WR) 3:30 PM Culture Connect - Korea Music (C)	9:30 AM Weaving (S) 30 10:00 AM Crossword (BR2) 10:30 AM CANCELLED Low Vision Reading Group (Q) 11:00 AM Fun and Fit (BR2) 1:00 PM Chair Yoga- \$\$ (WR) 1:00 PM Studio Sale (S) 2:00 PM Bar and Chair Exercises - \$\$ (WR) 3:00 PM Parkinson's Wellness Program (WR) 3:30 PM Crooners & Country Music (C)	LOCATION KEY BR2 - Bryant Ridge 2nd Floor Activity Room BR2 CKA - Bryant Ridge 2nd Floor Country Kitchen A BR2 DR - Bryant Ridge 2nd Floor Dining Room BR3 CKA - Bryant Ridge 3rd Floor Country Kitchen A BR3 CKB - Bryant Ridge 3rd Floor Country Kitchen		B BR3 DR - Bryant Ridge 3rd Floor Dining Room C - Community Room FLP - Front Lobby Parlor G - Garden Room	GG DR - Gorham Glen Dining Room L - Library PD - Private Dining Room Q - Quiet Room S - Studio WR - Wellness Room

April 2024

Bryant Ridge