

SUN	MON		TUE		WED		THUR		FRI		SAT								
LOCATION KEY BR2 - Bryant Ridge 2nd Floor Activity Room BR2 CKA - Bryant Ridge 2nd Floor Country Kitchen A BR2 DR - Bryant Ridge 2nd Floor Dining Room C - Community Room	CP - Community Room Patio Cons - Conservatory EP3 - Employee Parking Lot 3 FL - Front Lobby FLP - Front Lobby Parlor G - Garden Room		L - Library O - Outdoors PD - Private Dining Room Q - Quiet Room SD - Small Dining Room S - Studio WR - Wellness Room		9:00 Chair Exercises (WR) 9:30 Open Studio (S) 10:00 Women's Coffee (Cons) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Drawing (S) 3:00 Balance Class- \$\$ (WR) 3:30 Hawaiian Day (BR2 CKA)		1	9:00 Men's Coffee (Q) 9:30 Open Studio (S) 10:30 Sharing Books (C) 11:00 Mindful Meditation (Q) 1:00 Cancelled -- Chair Yoga- \$\$ (WR) 1:00 Card Making (S) 2:00 Bar and Chair Exercises - \$\$ (WR) 2:00 Library Angel (L) 3:00 Parkinson's Wellness Program (WR) 4:30 Happy Hour - Segoe Heights & Prairie Point (C)		2	9:00 Chair Exercises (WR) 10:30 Swedish Nyckelharpa Player Performance (C) 10:30 Tech at Home Education Session (PD) 11:00 Bible Study (Q) 11:30 Fit Circuit - \$\$ (WR) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR) 3:30 Monthly Birthday Party - Segoe Heights (C)		3			4			
	5	9:00 Chair Exercises (WR) 9:30 Open Studio (S) 10:00 Coffee & Treats (G) 10:30 Continuing Education Speaker (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Mah Jongg (SD) 1:00 Knit and Stitch (S) 3:00 Balance Class- \$\$ (WR)		6	9:30 Weaving (S) 10:00 Crossword (BR2) 10:30 Low Vision Reading Group (Q) 1:00 Chair Yoga- \$\$ (WR) 1:00 Paper Flowers (S) 2:00 Bar and Chair Exercises - \$\$ (WR) 2:00 Walgreens/Pick N Save Outing (FL) 3:00 Parkinson's Wellness Program (WR) 3:00 Teacher Social (BR2 DR)		7	9:00 Chair Exercises (WR) 9:00 Chess Group (Q) 9:30 Open Studio (S) 10:00 Women's Coffee (Cons) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Painting (S) 3:00 Balance Class- \$\$ (WR) 3:00 Conversation Around the Table (Q) 3:30 Cinco de Music: Ukulele Concert (BR2)		8	9:00 Men's Coffee (Q) 9:30 Open Studio (S) 10:00 Traveling Europe (BR2) 1:00 Chair Yoga- \$\$ (WR) 1:00 Beading (S) 2:00 Bar and Chair Exercises - \$\$ (WR) 2:00 Library Angel (L) 3:00 Parkinson's Wellness Program (WR) 4:30 Happy Hour - Segoe Heights & Prairie Point (C)		9	9:00 Chair Exercises (WR) 10:00 Catholic Mass (C) 10:00 Mother's Day (BR2) 10:00 Tech at Home Drop In \$\$ (SD) 11:30 Fit Circuit - \$\$ (WR) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR)		10			11
Mother's Day	12	9:00 Chair Exercises (WR) 9:30 Open Studio (S) 10:00 Coffee & Treats (G) 10:30 Continuing Education Speaker (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Mah Jongg (SD) 1:00 Knit and Stitch (S) 3:00 Balance Class- \$\$ (WR) 3:30 Culture Connect - Scandinavian Music (C)		13	9:30 Weaving (S) 10:00 Crossword (BR2) 10:30 Low Vision Reading Group (Q) 1:00 Chair Yoga- \$\$ (WR) 1:00 Alcohol Ink Dish (S) 1:30 Writers Group (Q) 2:00 Bar and Chair Exercises - \$\$ (WR) 2:00 Walgreens/Pick N Save Outing (FL) 3:00 Parkinson's Wellness Program (WR) 3:30 Bill Hindin Music (C)		14	9:00 Chair Exercises (WR) 9:30 Woodworking (S) 10:00 Women's Coffee (Cons) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:30 Chocolate and Conversation (Q) 2:30 Pie Social (BR2 DR) 3:00 Balance Class- \$\$ (WR)		15	9:00 Men's Coffee (Q) 9:30 Open Studio (S) 11:00 Second Chance Shop Drop Off (FLP) 1:00 Chair Yoga- \$\$ (WR) 1:00 Fused Glass (S) 2:00 Bar and Chair Exercises - \$\$ (WR) 2:00 Library Angel (L) 3:00 Parkinson's Wellness Program (WR) 4:30 Happy Hour - Segoe Heights & Prairie Point (C)		16	9:00 Chair Exercises (WR) 10:00 Branding Listening Session (C) 10:00 Endangered Species (BR2) 10:00 Tech at Home Drop In \$\$ (SD) 11:30 Fit Circuit - \$\$ (WR) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR)		17			18
	19	9:00 Chair Exercises (WR) 9:30 Open Studio (S) 10:00 Coffee & Treats (G) 10:30 Continuing Education Speaker (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Mah Jongg (SD) 1:00 Knit and Stitch (S) 3:00 Balance Class- \$\$ (WR) 3:00 Monthly Monday Movie - Segoe Heights & Prairie Point (Q) 3:30 Guitar Concert (BR2) 7:00 VFW Band (C)		20	9:30 Weaving (S) 10:00 Crossword (BR2) 10:30 Low Vision Reading Group (Q) 1:00 Cancelled -- Chair Yoga- \$\$ (WR) 1:00 Movie: "The Life and Work of Sally Mann" (S) 1:30 Trishaw Rides - Segoe Heights (FL) 2:00 Bar and Chair Exercises - \$\$ (WR) 2:00 Walgreens/Pick N Save Outing (FL) 3:00 Parkinson's Wellness Program (WR)		21	9:00 Chair Exercises (WR) 9:00 Chess Group (Q) 9:30 Woodworking (S) 10:00 Women's Coffee (Cons) 10:30 Wednesday Worship (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Drawing (S) 1:30 Bus Social (O) 1:30 Segoe Heights Neighborhood Gathering (C) 2:30 Movie: Some Like it Hot (BR2) 3:00 Balance Class- \$\$ (WR)		22	9:00 Men's Coffee (Q) 9:30 Open Studio (S) 10:00 Name That Tune (BR2) 10:30 Sharing Books (C) 11:00 Mindful Meditation (Q) 1:00 Chair Yoga- \$\$ (WR) 1:00 AAP Book Club (SD) 1:30 Textile Arts Center Outing (FL) 2:00 Bar and Chair Exercises - \$\$ (WR) 2:00 Library Angel (L) 3:00 Parkinson's Wellness Program (WR) 4:30 Happy Hour - Segoe Heights & Prairie Point (C)		23	9:00 Chair Exercises (WR) 10:00 Catholic Communion (C) 10:00 Tech at Home Drop In \$\$ (SD) 10:00 Brat Fest 2024 (CP) 11:00 Bible Study (Q) 11:30 Fit Circuit - \$\$ (WR) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR) 3:30 Bingo (BR2)		24			25
	26	Memorial Day		27	9:30 Weaving (S) 10:00 Crossword (BR2) 10:30 Low Vision Reading Group (Q) 1:00 Chair Yoga- \$\$ (WR) 1:30 Writers Group (Q) 2:00 Bar and Chair Exercises - \$\$ (WR) 2:00 Walgreens/Pick N Save Outing (FL) 3:00 Parkinson's Wellness Program (WR) 3:00 Baking and Devotions (BR2 CKA)		28	9:00 Chair Exercises (WR) 9:30 Woodworking (S) 10:00 Women's Coffee (Cons) 10:30 Hymn Sing (C) 11:30 Fit Circuit - \$\$ (WR) 1:00 Painting (S) 3:00 Balance Class- \$\$ (WR) 3:30 Music of America Ukulele Concert (BR2)		29	9:00 Men's Coffee (Q) 9:30 Open Studio (S) 10:00 Pictionary (BR2) 11:00 Mindful Meditation (Q) 1:00 Chair Yoga- \$\$ (WR) 1:00 In the Garden with Horticulturist Grace Segoe Heights (EP3) 2:00 Bar and Chair Exercises - \$\$ (WR) 2:00 Library Angel (L) 3:00 Parkinson's Wellness Program (WR) 4:30 Happy Hour - Segoe Heights & Prairie Point (C)		30	9:00 Chair Exercises (WR) 10:00 Tech at Home Drop In \$\$ (SD) 11:00 Bible Study (Q) 11:30 Fit Circuit - \$\$ (WR) 1:00 Art Social (S) 3:00 Balance Class- \$\$ (WR)		31			